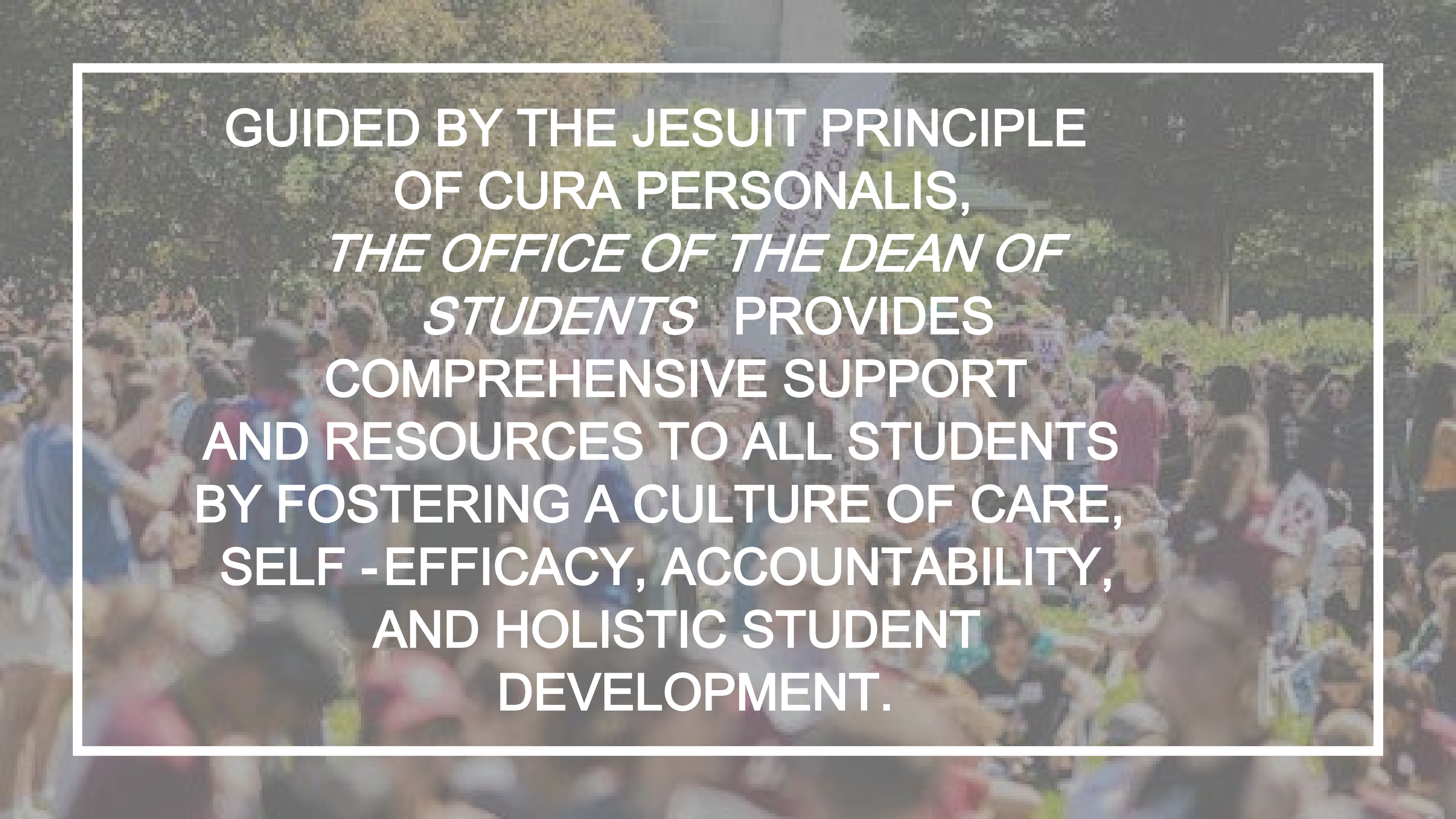




PARTNERING WITH THE OFFICE OF THE DEAN OF STUDENTS

How to Recognize, Respond, Report & Refer Students in Need

A large, diverse crowd of people, likely students, gathered outdoors for a community event. The background is a blurred image of a large group of people, mostly young adults, standing and sitting in an open area with trees in the distance. The text is overlaid on this background, enclosed in a white rectangular border.

GUIDED BY THE JESUIT PRINCIPLE
OF CURA PERSONALIS,
*THE OFFICE OF THE DEAN OF
STUDENTS* PROVIDES
COMPREHENSIVE SUPPORT
AND RESOURCES TO ALL STUDENTS
BY FOSTERING A CULTURE OF CARE,
SELF-EFFICACY, ACCOUNTABILITY,
AND HOLISTIC STUDENT
DEVELOPMENT.



Office of the Dean of Students

Together, we address the personal, academic, and behavioral challenges that may impact student success.

~~SOS~~ Student Outreach & Support

Crisis intervention, case management, basic needs, holistic support (BCT/CARE)

~~SRCS~~ Student Rights, Responsibilities & Conflict Resolution

Conduct, conflict resolution, restorative practices (Community Standards/Student Promise)



One referral can make a
difference.
Support Starts Here

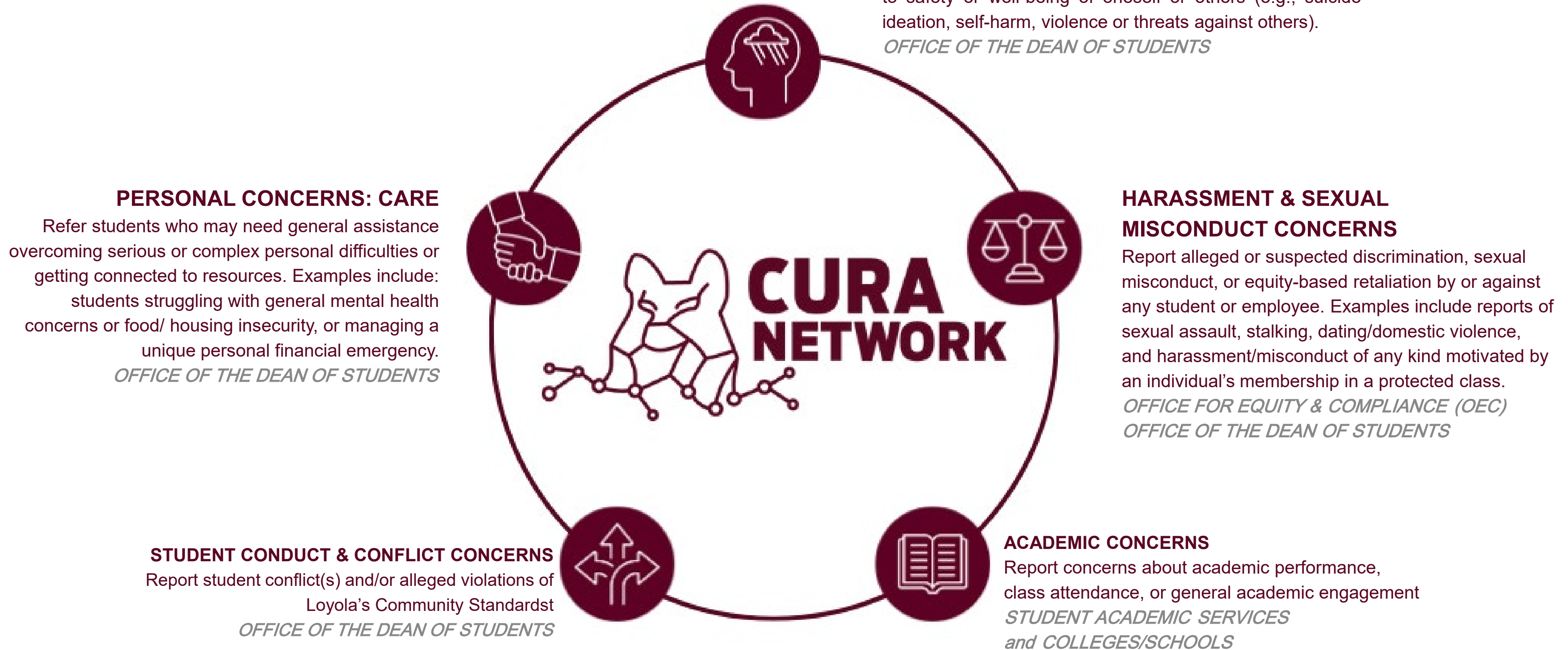
In the spirit of cura personalis —a hallmark of Ignatian spirituality that calls us to
care for the whole person —the CURA Network is a university -wide system for
identifying, referring, and responding to student concerns.

Led by the Office of the Dean of Students (ODOS), the CURA Network allows
faculty, staff, and others to report academic, emotional, or personal concerns. Our
team then connects students to the right support through case management,
advocacy, and campus or community resources.

Our team works to connect students with the care they need, when they need it
so no student faces challenges alone.

—

CURA Network





Supports students experiencing serious or complex personal difficulties

Provides individualized case management and personalized support

Connects students with campus and community resources

Offers ongoing follow-up, planning, and advocacy

Helps students navigate university systems during life disruptions

COMMON CARE REFERRAL ISSUES

Academic Concerns	Mental Health Concerns
Medical Concerns	Economic Concerns
Food Insecurity	Housing Insecurity
Family Issues	Grief or Loss
Social/Emotional Adjustment	Victim/Witness to a Crime

Basic Needs Support



FOOD

Free food pantries on all 3 campuses for enrolled students.



HOUSING

Short -term emergency housing assistance via Dean on Call.



EMERGENCIES

One -time financial support through the CARE Fund

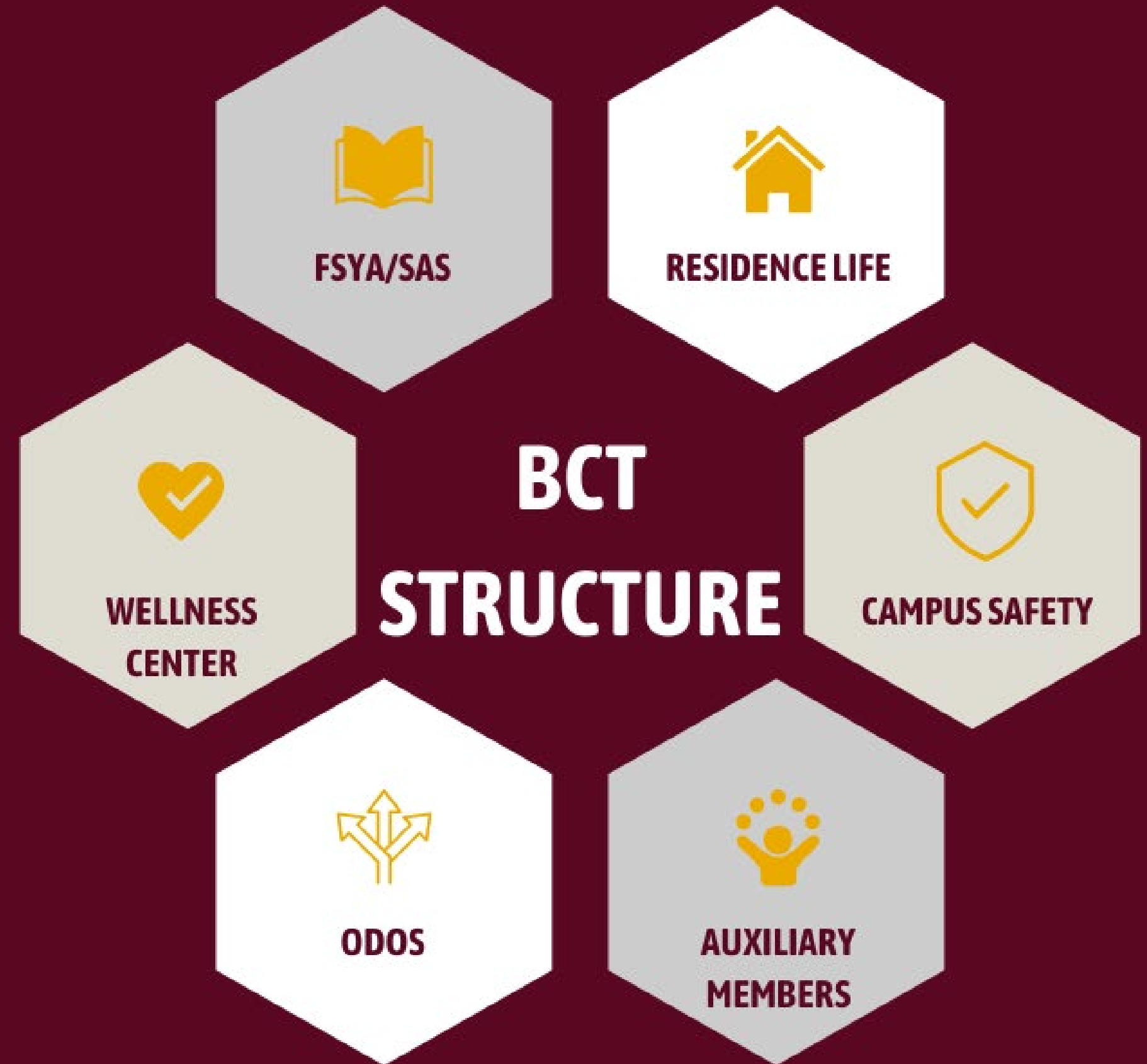
BEHAVIORAL CONCERNS TEAM

A multi-disciplinary committee that serves as the centralized and coordinated body for discussion and action regarding students exhibiting behaviors that may :

- present a danger to oneself or others
- cause a disturbance in the community, and/or
- indicate some form of distress

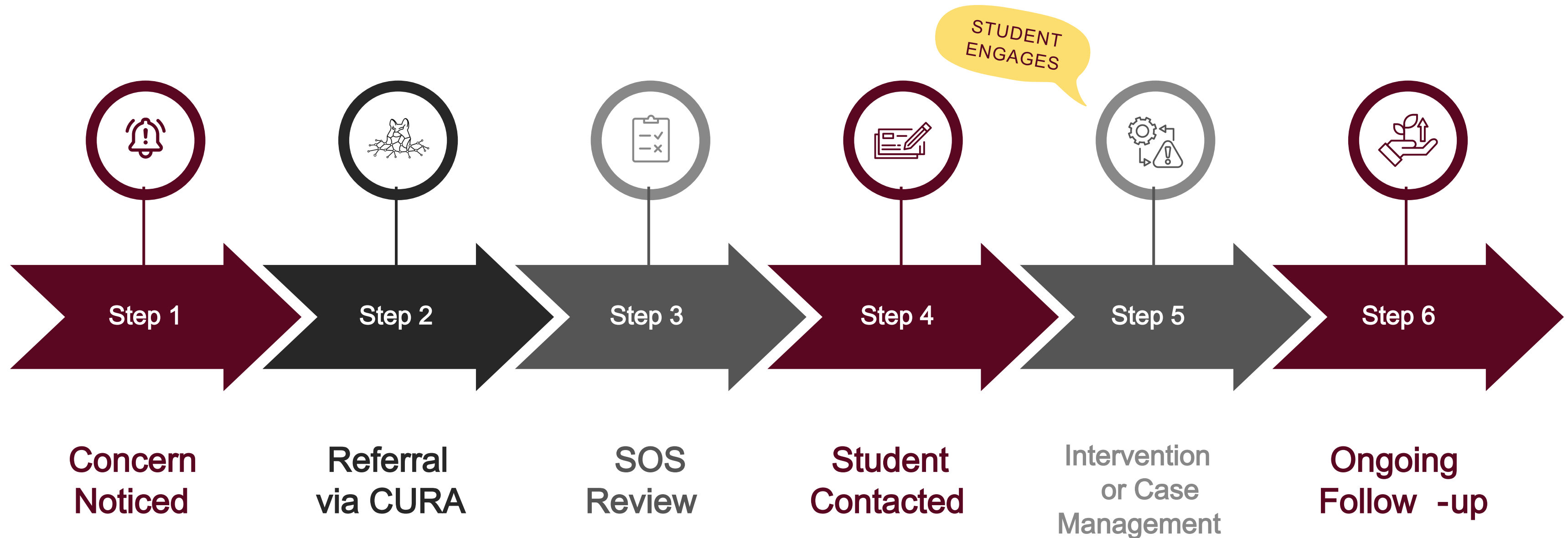
BEHAVIORAL CONCERNS ARE DIFFERENT

- Significant academic decline
- Withdrawal/isolation from others
- Thoughts of harming self
- Thoughts of harming others
- Self-injury
- Bizarre behavior
- Disruptive/aggressive behavior
- Excessive substance use/abuse
- Self-reported distress



SOS ROLE:

From Concern to Connection



SUPPORTING STUDENTS OF CONCERN

RECOGNIZE

Be aware of indicators of distress. Look for groupings, frequency, duration and severity - not just isolated symptoms

RESPOND

Each situation is unique. Use these tips and pointers to determine the more appropriate response

REPORT

Always submit a report of referral as part of your response to students of concern, regardless of perceived severity

REFER

Encourage help-seeking by providing students with information on the appropriate resources available on campus.

SAFETY RISK INDICATORS

- Making implied or direct threats to harm self or others
- Irrational or bizarre behavior
- Academic assignments dominated by themes of despair or isolation
- Unprovoked anger or hostility

PSYCHOLOGICAL INDICATORS

- Self-disclosure of personal distress that could include family problems, financial difficulties, depression, grief, etc.
- Excessive tearfulness, panicked reactions, irritability or unusual apathy
- Unusual fearfulness, anxiety, nervousness or anger
- Expressions of concern by the student's peers

RECOGNIZE

PHYSICAL INDICATORS

- Sudden changes in physical changes (appearance, personal hygiene)
- Deterioration in physical appearance/weight
- Excessive fatigue/sleep disturbance
- Intoxication, hangovers or smelling of alcohol

ACADEMIC INDICATORS

- Essays or creative work that include disturbing content
- Repeated absences and/or a decline in quality of work
- Continuous classroom disruptions or overly demanding of faculty and staff time and attention

RESPOND



BE PROACTIVE

Engage students early on by paying attention to signs of distress

BE SUPPORTIVE

Express concern and care in a private place and let the student know you are here to help.

BE DIRECT

Give a concrete example regarding the behavior or concern that has led you to reach out. Don't be afraid to ask students directly if they are feeling confused or having thoughts of harming themselves or others.

LISTEN EMPATHETICALLY AND CAREFULLY

Use a non-confrontational approach and a calm voice. Avoid threatening, judgmental, intimidating or potentially embarrassing responses.

SHARE WHAT YOU KNOW

FERPA allows faculty and staff to report student health and safety concerns to relevant campus offices. Taking appropriate action does not violate a student's privacy rights

FOLLOWUP

Once you have referred a student, it may be helpful for you to follow up. Your first-hand knowledge and personal connection to this student will be valuable in understanding and appropriately responding to the situation

Referrals, Privacy, and What Happens Next

Engagement & Follow-up: We prioritize ongoing engagement with the student.

Student Privacy: We can't always provide updates due to privacy laws.

Your Referral Matters: Even if a student doesn't respond right away, your referral keeps them on our radar.

No Need to Resubmit: If nothing has changed, just reach out—we're happy to check in.

Encourage Student Engagement: Let students know we'll reach out, and remind them to respond!



Recognize, Respond, **RECOGNIZE** Report & Refer

early signs of
academic, personal,
or behavioral
distress

RESPOND

with care, empathy,
and respect

PREPARE

students for
outreach to
improve
engagement

REPORT & REFER

Submit referrals
through CURA
www.luc.edu/CURA

→ We follow
through

Emergency Situations

- **Imminent Threat → CAMPUS SAFETY**
 - 773.508.SAFE (7233) or 911
 - Threat Assessment Team (TAT)
 - Convened by Dean of Students
 - Led by Campus Safety
 - Comprised of: Director of Campus Safety, Assistant Vice President/Dean of Students, Associate Dean of Students (SRCR), Wellness Center Director of Counseling



01

Review the Red Folder

02

Syllabus statement that
normalizes help-seeking

03

Sample referral message
for students

04

ODOS consultation for
referral guidance

05

Direct referrals to specific
services are encouraged
for specific needs.

**Faculty Tools & Resources
for Supporting Students**

CONNECT WITH DOS



Main Office

Damen Student Center,
Suite 300

Email

deanofstudents@luc.edu

Telephone

773.508.8840

QR Code



thank you!

